

# St Benedict's Parish Arcadia



## PENTECOST SUNDAY

### YEAR B

18 & 19 MAY 2024

### PARISH MASS TIMES

#### Weekends:

Saturday 7:00pm Vigil

Sunday 9:00am

Sunday 10:30am



#### Weekdays:

Mondays to Thursdays 9:30am

Fridays 6:30pm Adoration

7:00pm Mass & Confession  
(Reconciliation)

Saturdays 10:00am to 11:00am

Adoration & Confession (Reconciliation)

### MONASTERY CHAPEL Masses

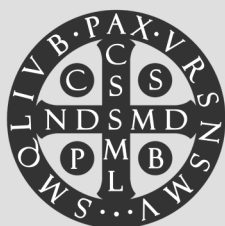
Sundays 7:00am

Daily 7:00am

Please contact Father Shansana for the following:

**BAPTISMS  
RECONCILIATION  
FOR THE SICK  
MARRIAGES  
FUNERALS**

Fr Shansana: 0437 884 233



### ENTRANCE ANTIPHON

The love of God has been poured into our hearts through the Spirit of God dwelling within us, alleluia.

### SUNDAY HOLY MASS PRAYER

O God, who by the mystery of today's great feast sanctify your whole Church in every people and nation, pour out, we pray, the gifts of the Holy Spirit across the face of the earth

and, with the divine grace that was at work when the Gospel was first proclaimed, fill now once more the hearts of believers.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

### SELF REFLECTION: TESTIFY

Sundays' Gospel, *John 15:26-27*, Jesus says "When the Advocate comes, whom I will send to you from the Father, the Spirit of truth who comes from the Father, he will testify on my behalf. You also are to testify, because you have been with me from the beginning."

In order to testify and affirm something, I need to have firsthand experience, enabling me to declare: *"This is true, and I know it."* Lord, I haven't been present with you since the beginning. I belong to those who haven't seen, yet have believed. Reveal yourself to me, infuse your spirit within me, so that both my life and my words may bear witness to you.

- Have I been with the Lord from the beginning?
- Am I one of those who did not see and yet believed?
- Am I willing to bear witness to the Lord?
- Do I feel the Holy Spirit within me stirring me to do more?

Lord,

I'm grateful for the gift of salvation through my faith in Christ. Yet, I understand the importance of aligning my thoughts with Yours, shaping my heart to mirror Yours, and moulding my mind to resemble the very mind of Christ. May all that I ask be done to honour You. Amen.



**First Reading: Acts 2:1-11 (JB)**

A reading from the Acts of the Apostles

*They were all filled with the Holy Spirit, and began to speak different languages.*

When Pentecost day came round, the apostles had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech.

Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely' they said 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome - Jews and proselytes alike - Cretans and Arabs; we hear them preaching in our own language about the marvels of God.'

**The word of the Lord.**

**Thanks be to God.**

**Responsorial Psalm:**

**R. Lord, send out your Spirit and renew the face of the earth.**

**Second Reading: Galatians 5:16-25 (Year B) (JB)**

A reading from the letter of St Paul to the Galatians

*The fruit of the Spirit.*

If you are guided by the Spirit you will be in no danger of yielding to self-indulgence, since self-indulgence is the opposite of the Spirit, the Spirit is totally against such a thing, and it is precisely because the two are so opposed that you do not always carry out your good intentions. If you are led by the Spirit, no law can touch you. When self-indulgence is at work the results are obvious: fornication, gross indecency and sexual irresponsibility; idolatry and sorcery; feuds and wrangling, jealousy, bad temper and quarrels; disagreements, factions, envy; drunkenness, orgies and similar things. I warn you now, as I warned you before: those who behave like this will not inherit the kingdom of God. What the Spirit brings is very different: love, joy, peace, patience, kindness, goodness, trustfulness, gentleness and self-control. There can be no law against things like that, of course. You cannot belong to Christ Jesus unless you crucify all self-indulgent passions and desire.

Since the Spirit is our life, let us be directed by the Spirit.

**The word of the Lord.**

**Thanks be to God.**

**Gospel Acclamation**

**Alleluia, alleluia!**

**Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.**

**Alleluia!**

**GOSPEL: John 15:26-27; 16:12-15 (Year B) (JB)**

A reading from the holy Gospel according to John

*The Spirit of truth will guide you into all the truth.*

Jesus said to his disciples:

'When the Advocate comes, whom I shall send to you from the Father, the Spirit of truth who issues from the Father, he will be my witness.

And you too will be witnesses, because you have been with me from the outset.

'I still have many things to say to you but they would be too much for you now.

But when the Spirit of truth comes he will lead you to the complete truth, since he will not be speaking as from himself but will say only what he has learnt; and he will tell you of the things to come.

He will glorify me, since all he tells you will be taken from what is mine.

Everything the Father has is mine; that is why I said: All he tells you will be taken from what is mine.'

**The Gospel of the Lord.**

**Praise to you, Lord Jesus Christ.**



## GOSPEL REFLECTION

Sunday, May 19

Pentecost

Acts 2:1-11

Psalm 104:1, 24, 29-31, 34

1 Corinthians 12:3-7, 12-13

John 20:19-23

*Receive the Holy Spirit. (John 20:22)*

Today we celebrate the great feast of Pentecost, when the Holy Spirit came upon Jesus' disciples with a mighty wind and tongues of fire (Acts 2:1-4). We remember how the Spirit poured faith, courage, and generous love into the hearts of timid men and women and made them bold witnesses who built the Church. And we rejoice that the same Spirit who transformed those first disciples lives in us!

You received the Holy Spirit at your Baptism, and you were sealed with the Spirit at Confirmation. But receiving the Spirit in the sacraments is only the beginning. It's as if you received a gift of a brand-new car. The gift itself is amazing, but what good is it if you leave the car sitting in the parking lot? You're not experiencing all that it can do. You need to get inside, learn how everything works, and take it for a drive.

Of course, the Holy Spirit is a divine Person, not an object. But God doesn't want you to ignore him as if you were leaving that shiny new car in the parking lot! Our Father wants you to experience the Spirit in all his fullness. The Spirit has so much he wants to teach you, so many gifts of wisdom and courage to impart, and so much love, peace, and joy to pour into your heart. That's why, in today's Gospel, Jesus urges his disciples, and us, to "receive the Holy Spirit" (John 20:22).

Imagine Jesus telling you right now, *Receive my Spirit! Receive more of my gifts and power and understanding. I want to give you expectant faith and assure you of my love. I want to fill you with power so that you can hear my voice, walk in my ways, and love one another. Receive my Spirit, and bring the good news of my mercy to everyone!*

***"Holy Spirit, on this great feast, I open my heart to receive all that you have for me!"***

Source: Word Among Us India

## LITURGICAL FEASTS AND EVENTS OF THE WEEK

### MAY

Monday 20

Readings: Gen 3:9-15, 20. Jn 19:25-34.

**R:** Of you are told glorious things, O city of God!

**The Blessed Virgin Mary, Mother of the Church**

Tuesday 21

Readings: James 4:1-10. Mk 9:30-37.

**R:** Throw your cares on the Lord, and he will support you.

**Sts Christopher Magallanes and companions, martyrs**

Wednesday 22

Readings: James 4:13-17. Mk 9:38-40.

**R:** Happy the poor in spirit; the kingdom of heaven is theirs!

**St Rita of Cascia**

Thursday 23

Readings: James 5:1-6. Mk 9:41-50.

**R:** Happy the poor in spirit; the kingdom of heaven is theirs!

Friday 24

Readings: Prov 31:10-13, 19-20, 30-31. James 3:13-18. Lk 1:39-56.

**R:** You are the highest honour of our race!

**Our Lady Help of Christians**

Saturday 25

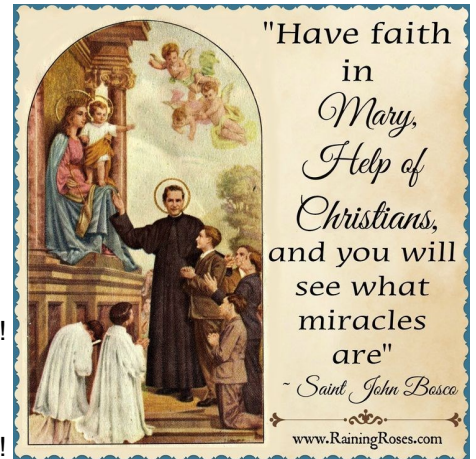
Readings: James 5:13-20. Mk 10:13-16.

**R:** Let my prayer come like incense before you.

**St Bede the Venerable, priest, doctor.**

**St Gregory VII, pope.**

**St Mary Magdalene de'Pazzi.**



Source: Ordo 2024



## POPE FRANCIS' PRAYER INTENTION FOR MAY 2024

### For the Formation of Religious and Seminarians

We pray that religious women and men, and seminarians, grow in their own vocations through their human, pastoral, spiritual and community formation, leading them to be credible witnesses to the Gospel.

## MORNING TEA

We need volunteer helpers for Morning tea to be added to the roster after the 9am Mass.

PLEASE IF YOU CAN HELP CONTACT THE PARISH OFFICE ON: 9653 2312

or email: [arcadia.parish@bigpond.com](mailto:arcadia.parish@bigpond.com)

## XAVIER SCHOOL OF PREACHING

Thu 1 Aug – Sat 3 Aug

Registrations are now open for the Xavier School of Preaching course proudly hosted by Broken Bay. The course will run from Thursday 1 August at 6pm through to Saturday 3 August at 1.30pm.

In partnership with ACU, the multi-modal course includes input from preachers and practical formation and training workshops aimed at developing your communication skills. It is open to parish lay minister, priests, deacons and seminarians, teachers and school leaders, diocesan and Catholic education leaders, members of ecclesial movements, catechists and youth ministers.

For further information and registration please scan the QR code on the attached [flyer](#) or contact [mission@bbcatholic.org.au](mailto:mission@bbcatholic.org.au)



"WE ARE CALLED TO BECOME A LIVING GOSPEL IN THE WORLD." POPE FRANCIS

## Xavier School of Preaching

Thursday 1 August - Saturday 3 August 2024

(Registrations open 6pm Thursday. Program concludes 1:30pm Saturday)

FOR MORE INFORMATION:  
[mission@bbcatholic.org.au](mailto:mission@bbcatholic.org.au)

SCAN  
QR CODE TO  
REGISTER



In Partnership with:



## NEXT SACRAMENTAL PROGRAM ENROLMENTS NOW OPEN

Our next Sacramental Program enrolments is now open, for students in year 3 commencing with Confirmation. Confirmation sessions will be in August 2024. Confirmation Service will be on September 12th 2024. Reconciliation and Holy Communion will be held next year in 2025.

If you would like to send an email from now to be added to the list, please feel free to email [arcadia.parish@bigpond.com](mailto:arcadia.parish@bigpond.com) and we will email you the enrolment form or collect an enrolment form from the Sacristy at the Parish.

For more information contact Paula on 9653 2312 (Mondays & Fridays).



Confirmation Eucharist Reconciliation

## ENGAGED ENCOUNTER

Engaged Encounter provides couples with deeper insights into each other and into married life. It is an opportunity for couples to spend time together to strengthen and enrich their relationship. For further information visit:

[www.engagedencounter.org.au](http://www.engagedencounter.org.au) Upcoming weekends:  
May 18-19, Aug 17-18, Nov 09-10

## SYDNEY

26 - 29 September 2024

at Cathedral Precinct Waitara  
Hosted in and supported by the  
Diocese of Broken Bay

Registration: [igniteconference.com.au/](http://igniteconference.com.au/)



IGNITE CONFERENCE 24

# RISE UP!

A NATIONAL  
CATHOLIC CONFERENCE  
WITH SOMETHING  
EVERYONE

IN THE NAME OF  
JESUS CHRIST  
OF NAZARETH,  
RISE UP AND WALK.  
ACTS 3:6-7



## In Our Parish

(please let us know if you would like someone added here)

We welcome into God's family, all who were recently baptised.

We pray for the sick of our Parish, especially Brother Mario, Father Alberic & Brother Terry.

We remember in our prayers all our dearly beloved who have died especially our dear Helen Facione, *May they rest in Peace.*



## VOLUNTEER OF THE WEEK!

This week volunteer of the week nomination goes to:



**GEBRAN AZZI**

Thank you for running the Sacramental Program sessions. For running the Lenten program. Also for being a catechist every Wednesday morning and for all your help at our parish. God bless you in all you do for our parish!

*Who would you like to nominate for next week's volunteer?*

## SUPPORT ST BENEDICT'S PARISH

### IF YOU ARE SELLING YOUR PROPERTY

We are pleased to inform you, that local real estate agent, Gavan Kohen, sales director at Ray White Dural and proud member of the St Benedict's Parish Church, has generously offered the following:

Any property sales that Gavan is given by St Benedict's parish member, 20% of the sale fee will be donated directly to St Benedict's Parish, Arcadia.

For any real estate enquiries, please contact Gavan Kohen on 0414 911 070.



## ST BENEDICT'S YOUTH GROUP

Come join our St Benedict's Youth group for **8-12yr olds** will be held **every Friday during school term only**. 4pm to 5.30pm

To register your child please email the parish office: [arcadia.parish@bigpond.com](mailto:arcadia.parish@bigpond.com) with your child's name, age and parent's phone number.

**Volunteers aged 14-16yrs** who would like to assist us please email the parish office. Our youth leaders all have Working With Children Checks.

Thank you,  
Gabe & Jules!



## CRAFT GROUP



The quilting group will meet every 4th Tuesday of the month at 10.30am in the parish meeting room. Everyone welcome!

## CCC PRAYER GROUP



Prayer meeting held every **Wednesday morning**: after 9.30am Mass.  
Everyone welcome.

**Come and meet new people and have a cuppa!**  
For more details call Mary Camilleri on 0403 116 987.

## CATECHISTS' NEWS

Free training is available to Catechists with full Authorisation –

Level 1 Training "Miracles and Parables" this Monday 20<sup>th</sup> May 10-12:15pm via Zoom. The next session will be "Listening and Questioning" on Monday 27<sup>th</sup> May. RSVP [registrations@bbccatholic.org.au](mailto:registrations@bbccatholic.org.au)

Also the CCD has organised a Reflection Day on the Sacred Heart of Jesus on Friday 21 June 9:45am – 2:30pm at Our Lady of Dolours, Chatswood. All are invited.

Morning tea and lunch will be provided.

RSVP [registrations@bbccatholic.org.au](mailto:registrations@bbccatholic.org.au)

God bless,

Miriam Brown [srearcadia@gmail.com](mailto:srearcadia@gmail.com)

Parish Catechist Co-Ordinator



## NEXT DRAFT ROSTER

Now at Sacristy window.  
Please check your names and dates.

## MAKER'S TABLE

Calling all ladies! You're invited to our first ever Maker's Table at St Benedict's!

Wednesday, 5th June 7.30 - 9.30pm

Watercolour painting workshop (all materials supplied and no prior experience necessary 😊).

This workshop will be offered FREE OF CHARGE so come and join us for some time of creativity, fun and friendship 😊. There will also be a lucky door prize!

Please RSVP by 2/6/24 via email or SMS so we can save a special place for you at the Table. Let us know if you need assistance with transport to the workshop.

[themakerstablesydney@gmail.com](mailto:themakerstablesydney@gmail.com)

Martine 0458-533-250

Nerida 0425-834-017

[www.themakerstable.org](http://www.themakerstable.org)

at St Benedict's Church hall  
2 Fagans Rd, Arcadia.



## ITALIAN ROSARY GROUP

Every Monday 2.00pm.  
Everyone welcome.

For more details call  
Angela Egiziano on 9652 1358.





## SAINT OF THE WEEK

### SAINT RITA OF CASCIA

**Feast Day: May 22**

**C. 1386-1457**

Patron Saint of abuse victims, impossible causes, sickness, wounds, parenthood, and widows  
Invoked against marital problems, fighting and discord, and infertility

#### **Quote:**

*Dear brothers and sisters, the worldwide devotion to Saint Rita is symbolized by the rose. It is to be hoped that the life of everyone devoted to her will be like the rose picked in the garden of Roccaporena the winter before the saint's death. That is, let it be a life sustained by passionate love for the Lord Jesus; a life capable of responding to suffering and to thorns with forgiveness and the total gift of self, in order to spread everywhere the good odour of Christ (cf. 2 Cor 2:15) through a consistently lived proclamation of the Gospel. ~Address of Saint John Paul II*

Margherita Lotti (Rita) was born in a small town near Cascia, Italy. After years of childlessness, Rita's parents saw her birth as an answer to prayer. As a child, Rita's strong faith led her parents to set up an oratory in their home in which she could pray. As a young girl, Rita begged their permission to enter a convent. Instead, as was common, her parents gave her away in marriage at the age of twelve.

Rita endured a difficult marriage with great love, part of the reason that she is the patron saint of impossible causes. Her husband Paolo was mentally, emotionally, and physically violent toward her. During their eighteen years of marriage, her prayers and the witness of her many virtues softened his heart and he turned to Christ. Rita gave birth to two sons and raised them within the Catholic faith.

At that time within Italian towns, one family might have an ongoing feud with another family. Rita's husband was a Mancini; the Mancinis did not get along with the neighboring Chiqui family. Rita prayed daily for the end of the feud. By the eighteenth year of their marriage, Paolo had begun to turn from his anger and to find more peace in God. Paolo attempted to end the feud and to restore peace, but a member of the Chiqui family tricked him and stabbed him to death.

At Paolo's funeral, Rita publicly forgave her husband's murderer and offered peace. However, Rita's brother-in-law, Bernardo, stirred up hatred to convince Rita's two sons to avenge their father's death. The boys agreed, and Rita begged them to change their plans. She prayed that God would preserve her sons from the mortal sin of murder, even if it meant taking their lives before they could carry out their plan. Rita's prayers were answered. Both sons died before they could act out their revenge.

Widowed and childless, Rita desired again to enter the convent. Refused admission because she was previously married and due to the scandal of her husband's violent death, Rita prayed for a reconciliation between the two families. Reconciliation took place, and Rita entered the convent of Saint Mary Magdalene in Cascia to live the Augustinian rule of life for forty years. She lived a profound life of prayer, often praying throughout the night. She joyfully embraced severe penances, ate only once a day, and relied primarily on the Most Holy Eucharist for her sustenance. Many attested to the power of her intercession, and some even attributed miracles to her prayers.

At the age of sixty, while deep in prayer before a crucifix, Sister Rita received the miraculous gift of the stigmata in the form of a wound on her head, inflicted by one of the thorns that pierced Jesus' brow. The wound was so painful and unsightly that Rita remained in seclusion in her convent, even from her fellow sisters, for the last decade of her life. The one exception was a pilgrimage that all the sisters took to Rome. Just prior to the trip, her wound healed, but it reappeared upon her return.

Since Rita's death from tuberculosis at the age of seventy, many miracles have been attributed to her intercession. Her incorrupt body is on display in a glass reliquary at the Basilica of Saint Rita in Cascia. It is said that at times her body levitates and that sweet odors permeate the air.

***Saint Rita, you embraced your suffering with love and united it to the sufferings of your Savior. Please pray that I will imitate your profound love, will accept all sufferings with love, and will seek to bring about peace in my heart and in the hearts of those around me. Saint Rita of Cascia, pray for me. Jesus, I trust in You.***

Catholic Vocations Broken Bay  
Young Adult Event



# Encounter

ADORATION | FORMATION | COMMUNITY  
FRIDAY MAY 24

JOIN US FOR A GAME OF VOLLEYBALL AT 4 PM ON THE BEACH  
BEFORE OUR USUAL HOLY HOUR AT 6 PM, DINNER & TALK AT 7 PM



Special Guest Speaker  
**Fr Marek Woldan**

'HOW TO GET STRONG IN RESISTING SIN'

VENUE: ST MARY'S CHURCH MANLY  
6 RAGLAN ST, MANLY NSW 2095

P: 0418 522 449 | 02 8379 1626

E: vocations.ministry@bbcatholic.org.au

## PASTORAL WORKS

The Diocese of Broken Bay Pastoral Works (PWBB) May 2024 Appeal will be running this month of May across our Diocese and in our Parish. Our catechists and hospital chaplains need your help.

Giving generously to the Pastoral Works Broken Bay Appeal during May or beyond gives you the power to connect to the Mission of Jesus Christ and add to the happiness of someone else within our Diocese.

**All donations over \$2  
are 100% tax deductible.**

**Envelopes can be found on the pews.**

*Your help will be greatly appreciated.*

"Connecting to the Mission of Jesus Christ!"  
**MAY 2024 APPEAL**

PASTORAL  
WORKS



Confraternity of  
Christian Doctrine (CCD)



Hospital Chaplaincy  
and Pastoral Care






CATHOLIC  
VOCATIONS  
BROKEN BAY

PRESENTS

## MEN'S RETREAT DAY

WITH

### SIMON CARRINGTON

**OVERCOMING TEMPTATION:  
A PATH TO SEXUAL FREEDOM**

FREE EVENT  
18+ EVENT  
BOOK NOW!



ST AGATHA'S PARISH  
JUNE 8, 2024  
9:30 AM TO 4 PM  
13 Trebor Road, Pennant Hills  
REGISTRATIONS ARE ESSENTIAL  
HTTPS://WWW.TRYBOOKING.COM/CRTLTP

08  
June  
2024



FIRE UP  
MINISTRIES

Vocations.ministry@bbcatholic.org.au  
PH: 8379 1626 | 0418 522 449



HAVE A CHAT  
& SHARE A  
CUPPA WITH  
AN OLDER  
PERSON  
IN YOUR  
COMMUNITY  
ONE HOUR A  
FORTNIGHT



*CatholicCare*  
Diocese of Broken Bay

## VOLUNTEERS NEEDED

COMMUNITY VISITORS SCHEME

[www.catholiccaredbb.org.au/volunteer](http://www.catholiccaredbb.org.au/volunteer)

THERE IS NO PLACE FOR  
**DOMESTIC  
& FAMILY  
VIOLENCE**  
IN OUR COMMUNITY





CatholicCare  
1800 324 924  
1800 RESPECT  
1800 737 732

*CatholicCare*  
Diocese of Broken Bay



## Worldpriest Annual Global RosaryRelay

for the Sanctification of Priests

### Friday 7 June 2024

**Country: Australia**

**Time: 10:30 a.m** *Local prayer time*

**Lead Location:** Our Lady of the Rosary Cathedral, Waitara - Diocese of Broken Bay, Sydney

**Mysteries: Glorious**

Please use all live streaming, video and Facebook Live facilities you may have access to - and help extend your prayer participation to an even greater audience worldwide.

*Pray the Rosary, unite with your country and help encircle the world in prayer*



The Worldpriest Annual Global Rosary Relay for Priests 2024 - organised and coordinated by Worldpriest.  
For further information visit our Website: [www.worldpriest.com](http://www.worldpriest.com) Email: [info.worldpriest@gmail.com](mailto:info.worldpriest@gmail.com)

# Parish Roster

PLEASE JOIN US FOR MORNING TEA  
AFTER THE 9AM MASS

NEXT WEEKEND'S ROSTER

25/5/2024 TO 26/5/2024  
THE MOST HOLY TRINITY - YEAR B

	Saturday 7.00pm	Sunday 9.00am	Sunday 10.30am
Acolyte		Nigel M	
Reader1	Sr Carol T	Kath M	Adam F
Reader2	Kathryn S	Lorraine D	Eva F
Prayers	Maria G	Peter G	Adam J
TV		Teresa G	Xavier F
Music		Melanie H	Karina S
Music		Keith W	Noelle T
Music		Pauline H	John T
Music		Theresa N	
Morning Tea		Mary A	
 FLOWERS	Rose G		



Thank you to all our volunteers, we  
really appreciate it!

If anyone would like to join our  
parish roster

## MONTH OF MAY ROSARY



We will be holding the Rosary at parishioners places in the evenings for the month of May.

If you are interested in having your name on the list to have Rosary at your place or you would just like to attend please contact:

Paula on 0423 078 282.



## PASTORAL WORKS

Our Diocese provides an annual sum for Pastoral Works, which our parish is expected to contribute towards through our envelope collections. In cases where the collected amount falls short of the target, we are asked to transfer the difference to the Diocese.

Our annual amount for the financial year 2023/2024 is:

**\$13,052.00**

We have kindly received envelopes from parishioners so far for the amount of:

\$4,689.90

The balance we have left to pay by 30 June 2024 is:

**\$8,362.10**

Envelopes are available in the pews, offering the opportunity for tax-deductible donations.

## ACKNOWLEDGMENT

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

## SAFEGUARDING MISSION STATEMENT

We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help:

Fr Shansana 0437 884 233 - Lorraine Dailey 0416 081 882 - Office for Safeguarding 8379 1605.

## PARISH OFFICE HOURS:

Mondays & Fridays: 9.30am to 2.30pm

Parish Office: 02 9653 2312  
Email: arcadia.parish@bbcatholic.org.au

Parish Priest: Fr Shansana Samarasinghe OSB  
Email: sanshanasamarasinghe@yahoo.com  
After hours: 0437 884 233

Address: 2 Fagans Road, Arcadia NSW 2159  
Postal address: 121 Arcadia Rd, Arcadia NSW 2159

Website: [www.bbcatholic.org.au/arcadia](http://www.bbcatholic.org.au/arcadia)

Facebook: [stbenedictsarcadia](https://www.facebook.com/stbenedictsarcadia)

MONASTERY: 9653 1159



BANK DETAILS for ONLINE only donations:  
BSB: 062 784 Account: 100002141  
Account Name: Catholic Parish of Arcadia Bank:  
CBA—Catholic Development Fund

For all parish Occupational Health & Safety  
and Safeguarding Children matters Contact:  
Lorraine Dailey on 0416 081 882.